

Food Resilience

Welcome

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smart
communities
part of the CCS group

Somerset
Prepared



SOMERSET
County Council



Food Resilience

“The ability of a household or family to maintain a reasonable level of food security in response to shocks and stresses”

Strong links with poverty

Not a permanent state – many influences which come and go

It is best to build resilience before the crisis hits!

Any crisis response needs to build resilience for the future



Food Bank

- Emergency food provision
- Giving food to people who can't afford it
- Personal and commercial donations

Pros

- Easy to understand and explain
- Quick to set up
- Can be hyper-local
- Can open wider conversations

Cons

- Potential for stigma
- Requires physical space
- Requires leadership
- Risk of dependency



Food Pantry

- Membership scheme using surplus food to supply local households
- Not a crisis service
- Paid-for with expected six months membership

Pros

- Less focus on poverty so reduced stigma
- Explainable in need, food waste and climate terms
- Developmental model helps build resilience
- Planned involvement with wider services

Cons

- Requires physical space
- Requires leadership
- Has costs
- Membership numbers limited



Community Fridge or Larder

- Social space where anyone in the community can give or take surplus food
- Focus is reducing food waste
- Fridge model and national network supported by Hubbub
- Often links with wider community activity

Pros

- No focus on poverty so reduced stigma
- Explainable in need, food waste and climate terms

Cons

- Requires physical space
- Requires leadership
- Has costs



Community Food

- Provision of hot or cold prepared food without profit ambition
- Focus is on meeting local need and reducing food waste
- Often links with wider community activity

Pros

- No focus on poverty so reduced stigma
- Explainable in need, food waste and climate terms

Cons

- Requires production kitchen
- Requires leadership
- Has costs



Community Growing

Puts food into the local system without profit ambition

Often links with wider community activity

Community allotments, donated space and guerrilla gardening

Pros

- No focus on poverty so reduced stigma
- Explainable in need, food waste, climate and skill development terms
- Easily scalable based on space and volunteer availability
- Supports wider skill development

Cons

- Requires physical space
- Requires practical leadership
- Has costs



Developing Your Project

Local councils and SMART team can offer leadership, funding, access to facilities and networks

Identify the strengths as well as the need within your communities

Existing groups expand their 'offer' to include a food resilience project

Philanthropic groups may provide funding

Local people may donate - time, food, facilities, equipment

Local organisations may donate - food, money, space, facilities



Support...

- [Spark Somerset](#)
- Somerset pantry project
- [Hubbub](#)
- [Somerset Community Food](#)
- [Funding - Somerset Community Foundation](#)
- [CCS/Smart Communities](#)



Any Questions...

